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# BDSM: How To Take Your First Steps Into BDSM (Sex, BDSM)



## Synopsis

BDSM - How to Take Your First Steps Into BDSM Sex itself is the silent cornerstone of human civilization. It is what leads to all things, life, pleasure, even hate and rage. It is that one topic that no matter how modern we have become, is still considered taboo, and yet at the same time it is also the one topic that we need to know most about. First used as a term in the late 1960s, BDSM has come to be prevalent in daily pop culture. Madonna's Express Yourself video from 1989 depicts her in leather outfits, crawling on all four towards a saucer of milk. Other snippets of that video include a leash and collar and riding crops. The punks of the late 70s wore bondage belts to complement their spiked hair. Bettie Page shocked her 1950s audiences with her riding crop and rope restraints. And even now the sexual concept of master and slave finds its way to the movie theaters. It's no wonder that the curiosity for the lifestyle is present. It's tantalizing, it's bold, it's passionate, but it's also real. And with that reality comes the details that the movies leave out. It's important to educate yourself on the lifestyle before engaging down the path and finding your first sexual partner. Or maybe you just want to know if spanking is for you? In club nights in Hollywood where female dominatrixes stalk the barroom floors and chains can be heard rattling against the brick walls or in shop displays in Berlin where mannequins sport bit gags and latex saddles or in the Seattle punk scene where girlfriends were sometimes carried around on leashes BDSM is not only vibrant in the bedroom. The aim of this book is to help you take your first steps into BDSM. It will explore what BDSM is, the various roles attached to it, how to choose a partner, which role is best for you, how to practice BDSM safely and how to avoid the common pitfalls for most people just getting into it. I hope this book helps to open your eyes to new possibilities and how you can enjoy the marvelously mischievous world of BDSM. Here's A Preview Of What You'll Find Inside What is BDSM Basic Roles Choosing a Partner Protocols, Clothing and Equipment How to Become a Dom How to Become a Sub Submission Safe BDSM 7 Common BDSM Mistakes and How to Avoid Them And much more! Download your copy today to receive all of this information. Just Scroll to the top of the page and select the Buy Button Tags: BDSM, Submission, Domination, Sex, Dom, Sub, Good Sex, Sex Guide, Relationships, Kama Sutra, BDSM, Submission, Domination, Sex, Dom, Sub, Good Sex, Sex Guide, Relationships, Kama Sutra, BDSM, Submission, Domination, Sex, Dom, Sub, Good Sex, Sex Guide, Relationships, Kama Sutra

## Book Information

File Size: 901 KB

Print Length: 48 pages

Simultaneous Device Usage: Unlimited

Publisher: HRD Publishing (August 23, 2015)

Publication Date: August 23, 2015

Sold by:Â Digital Services LLC

Language: English

ASIN: B014DYETKK

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #51,912 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #11 inÂ Kindle Store > Kindle eBooks > Reference > Etiquette #31 inÂ Books > Reference > Etiquette > Etiquette Guides & Advice #61 inÂ Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Sex

## Customer Reviews

I have been curious about BDSM for a while now, but I was under the impression that it was only for people who had a lot of experience. The author has made me realise that this isn't true at all and that anyone can get started with BDSM, whether they want it hardcore or just want to experience simpler things. I like how the author goes into detail about the BDSM roles and different techniques. I feel like this has really helped make my love life more exciting as well as opening my eyes to what BDSM really is. I recommend.

After all the 'inspiration' we drew from Fifty shades of Gray we can pick up a book and learn more about all that kinky stuff. If you don't know anything about BDSM, or if you know just some things but they're unclear and you would like to know more, this is the book for you. It is very well structured, although with several spelling errors. It's very comprehensive as well: describes the term BDSM itself, it explains several roles you could play, how you should behave, what to wear, how to talk to the other person (or people), what to use and how to use it. It's a long read, like an encyclopaedia, but it's worth it if you're interested.

I learned a lot from this book. It was a great tool.

good instructional guide

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